

**1. WHO AM I?**

- What is my present state of being?
- How do I perceive myself?
- How old am I?
- What am I wearing? (etc.)

**2. WHAT ARE THE CIRCUMSTANCES?**

- What time is it? (the year, the season/ the day? At what time does my selected life begin)
- Where am I? (In what city, neighborhood/ building and room do I find myself in? Or in what landscape?)
- What surrounds me?(The immediate landscape? The weather? The condition of the place and the nature of the objects in it?)
- What are the immediate circumstances? (What has just happened, is happening? What do I expect or plan to happen next and later on?)

**3. WHAT ARE MY RELATIONSHIPS?**

How do I stand in relationship to the circumstances, the place, the objects, and the other people related to my circumstances?

**4. WHAT DO I WANT?**

- What is my main objective? My immediate need or objective?

**5. WHAT IS MY OBSTACLE?**

- What is in the way of what I want? How do I overcome it?

**6. WHAT DO I DO TO GET WHAT I WANT?**

- How can I achieve my objective? What's my behavior?  
WHAT ARE MY ACTIONS?

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<sup>1</sup> taken from Uta Hagen's new book, A Challenge for the Actor pg 114. 1991.